

# Confirmation Name Worksheet

**Choosing A Confirmation Name** – When you are confirmed your sponsor will “present” you to the bishop by a name, other than your first name. This is your “Confirmation Name.” Choosing a Confirmation name is an important part of the sacramental process as it helps you to discover how the Catholic Church is really a “communion of saints.” Furthermore, it will help you to see the many different ways to live out your faith, and hopefully provide you with another role model. **Your Confirmation Name is Due Sunday March 13<sup>th</sup>.**

## Things to Keep in Mind:

- Confirmation Name should *preferably* be the name of a saint. If you would like to take the name in honor someone important in your life (parent, sponsor, godparent, etc.) you can, but first check to see if it is the name of a saint. If not, check with Brian Jens.
- You may take your baptismal name (middle name) as your saint name. However, you still must do research on who that saint is, and why it is you choose that name.
- The bishop will ask you, “Why did you choose that name?” Be prepared to answer. Write down and be ready to say 3-5 things about your name. The bishop looks at your names, learns their lives, and will know whether you are telling the truth.

**Definition of Patron Saints – Meanings and Origins** – Patron Saints are those holy and virtuous men and women who are considered to be a defender of a specific group of people or a nation.

**There is a patron for virtually every cause, profession or special interest.**

<http://www.catholic-saints.info/patron-saints/>

## Questions to Consider When Choosing a Saint Name: Fill in lines and circle 3 choices.

1. What are your greatest passions? What things in life do you find most interesting? What do you think you will be when you grow up? What are your God given talents/gifts?

<http://catholicsaints.info/patronage-topics/>

- a. Passion: \_\_\_\_\_ Saint: \_\_\_\_\_
  - b. Passion: \_\_\_\_\_ Saint: \_\_\_\_\_
  - c. Interest: \_\_\_\_\_ Saint: \_\_\_\_\_
  - d. Interest: \_\_\_\_\_ Saint: \_\_\_\_\_
  - e. Potential Occupation: \_\_\_\_\_ Saint: \_\_\_\_\_
  - f. Potential Occupation: \_\_\_\_\_ Saint: \_\_\_\_\_
  - g. Gift/Talent: \_\_\_\_\_ Saint: \_\_\_\_\_
  - h. Gift/Talent: \_\_\_\_\_ Saint: \_\_\_\_\_
2. What was your Baptismal Name (Middle Name)? <http://catholicsaints.info/alphabetical-list/> – Saint: \_\_\_\_\_
  3. Which saints have a feast day that share your birthday?
    - a. Birthday: \_\_\_\_\_ Saint: \_\_\_\_\_
  4. Who are some important people in your life? Who are some influential people in your life?
    - a. Person: \_\_\_\_\_ Saint: \_\_\_\_\_
    - b. Person: \_\_\_\_\_ Saint: \_\_\_\_\_

# Who Were These Saints?

Using the 3 saints you choose from the first page. Research the saints and answer the following questions:

1. What happened in their life? What struggles/challenges did the saint face?
2. How did the saint live out their faith? What did they do?
3. What do you admire about the saint?

**Saint 1:** \_\_\_\_\_

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

**Saint 2:** \_\_\_\_\_

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

**Saint 3:** \_\_\_\_\_

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_